

The
**SAINT IGNATIUS
POCKET PRAYER BOOK**
Modern English Edition

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MORNING PRAYERS

¶ *Rising from sleep and getting out of bed, stand with devotion and fear of God and say:*

IN the Name of the Father and of the Son and of the Holy Spirit. Amen.

The Trisagion Prayers

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for your Name's sake.

Lord, have mercy. (3)

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

OUR Father in heaven, may your Name be hallowed, your Kingdom come, your will be done on earth as in heaven. Give us today our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one.

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us. Amen.

Hymns to the Trinity

ON rising from sleep, we fall down before you, O Good One, and we cry to you with the Angels' hymn, O Mighty One: Holy, holy, holy are you, O God; through the Mother of God, have mercy on us.

Glory to the Father and to the Son and to the Holy Spirit.

YOU have roused me, O Lord, from my bed and from sleep; enlighten my mind and open my heart and my lips to sing your praise, O Holy Trinity: Holy, holy, holy are you, O God; through the Mother of God, have mercy on us.

Both now and forever, and to the ages of ages. Amen.

THE Judge will come suddenly, and the deeds of each will be laid bare; but with fear, let us cry to you in the middle of the night: Holy, holy, holy are you, O God; through the Mother of God, have mercy on us.

Lord, have mercy. (12)

Prayer of Thanksgiving

HAVING risen from sleep, I thank you, O Holy Trinity; because through your great goodness and patience you have not been an-

gry with me, an idler and a sinner, nor have you destroyed me in my iniquities, but you have shown your customary love for mankind and roused me, as I lay in despair, to rise before dawn and to glorify your might. And now, enlighten the eyes of my mind and open my mouth to meditate on your words, to understand your commandments and to do your will, and to sing to you with confession of heart and to hymn your all-holy Name of the Father and of the Son and of the Holy Spirit, both now and forever, and to the ages of ages. Amen.

¶ Here may be added Psalm 50, the Creed, the Additional Morning Prayers, and any other personal prayers. After these, say the Dismissal:

Dismissal

Greater in honor than the Cherubim and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Word; truly the Mother of God, we magnify you.

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

Lord, have mercy. (3)

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us. Amen. †

ADDITIONAL MORNING PRAYERS

1. Prayer of Saint Macarius

O GOD, cleanse me a sinner, for I have never done anything good in your sight. Deliver me from the evil one, and let your will be in me, that without condemnation I may open my unworthy mouth and praise your holy Name of the Father and of the Son and of the Holy Spirit, always, both now and forever, and to the ages of ages. Amen.

2. Another Prayer of Saint Macarius

RISING from sleep, I offer the midnight song to you, O my Savior, who was crucified by your own choice. And falling down before you, I cry out: Do not let me fall asleep in the death of sin, but have compassion on me, and quickly raise me up as I lie in laziness. Save me in prayer and intercession, and after the night's sleep, bless me with a sinless day, O Christ my God, and save me.

3. Another Prayer of Saint Macarius

RISING from sleep, I run to you, O Lord, the Lover of mankind. Striving to do your work, I pray: Help me at all times, in everything, and deliver me from every evil thing of

this world, and from every attack of the devil, and lead me into your eternal Kingdom. For you are my Creator, the Giver and Provider of every good thing, and I have placed all my hope in you, and I glorify you always, both now and forever, and to the ages of ages. Amen.

4. Another Prayer of Saint Macarius

O LORD, in your abundant goodness and your great compassion, you have granted me, your servant, to pass the time of this night without temptation of any opposing evil. Now, O Lord and Maker of all things, by your true light and with an enlightened heart, grant that I may do your will always, both now and forever, and to the ages of ages. Amen.

5. Another Prayer of Saint Macarius

O LORD God of Powers, you receive from the Powers of heaven the thrice-holy hymn. Now receive also from me, your unworthy servant, this midnight song, and grant that I may glorify you every year and hour of my life: the Father, Son and Holy Spirit, both now and forever, and to the ages of ages. Amen.

6. Prayer of Saint Basil the Great

O LORD of Powers, the God of the bodiless Powers and of all flesh, you dwell in the highest and care for the humble, searching our

your Holy Catholic and Apostolic Church, numbering them with your chosen flock. Amen.

For New Converts

O LORD our God, the Illumination of those who are baptized, lay your almighty hand upon your newly baptized servants and preserve them by the power of your goodness. Maintain in them the purity of their garment and the zeal of your Holy Spirit, and make them worthy of eternal life and your favor to the ages of ages. Amen.

Against Discord in the Church

O LORD Jesus Christ, our God, you gave your Disciples a new commandment, that they should love one another. Renew this love in us, by the grace of your Most-holy Spirit operating in our hearts. Look down with mercy on the soil of our heart, which is dried up with countless sins, overgrown with the thorns of hatred and self-love. As the Fountain of all good, pour out the dew of grace, that we may bear good fruit: the fear of you and the desire for the salvation of our neighbor, and weed out all the passions, evil and hypocrisy which destroy brotherly love, and plant true love in our hearts. May we examine ourselves and condemn ourselves, judging only our own

sins and not those of others, humble before God and man. Fill our hearts with love for you, O Christ God, that inflamed in heart, mind and soul, we may love you with all our strength, and our neighbor as ourselves, keeping your commandments and glorifying you as the Giver of good things. Amen.

ILLNESS & SUFFERING

For the Sick

O CHRIST our God, the only One quick to help, come quickly to your suffering servant (*Name*) and deliver (*him/her*) from illness and bitter pain. Raise (*him/her*) up again to praise and glorify you forever, through the prayers of the Mother of God, as you are the only Lover of mankind. Amen.

Another, for a Serious Illness

O SAVIOR, as you raised up Peter's mother-in-law and the paralyzed man, so also visit and heal your suffering servant (*Name*), now lying on the bed of sickness and wounded with a mortal wound. As you are compassionate, you alone carried our infirmities and the diseases and pains of our humanity, and you can do all things, for you are merciful. Amen.

For Mental Illness

O MERCIFUL Master, Lord Jesus Christ, have mercy on your servant (*Name*), and cleanse (*him/her*) from every affliction, sadness, disturbance and fear. Drive away from (*his/her*) mind, soul and body every suffocating darkness and demonic despair, for you are our Joy and Hope. Have mercy, O Master, and lift the heavy burden of despair, driving away the gloom and fatigue, confirming (*him/her*) in your love, with invincible hope and unshakable faith in you, through the intercession of your most pure Mother and of all your Saints. Amen.

For Disease and Epidemic

O LORD OUR God, your just anger has visited us and the darkness of death surrounds us, for we have sinned against you. Remember that we are flesh, whose breath departs and does not return; turn away from your wrath and heal the disease that has overtaken us. Free your servants from deadly illness and all afflictions; give life to us who are worthy of death, for you are the Source of life and the Lover of mankind, and yours is the glory to the ages of ages. Amen.

For Those Suffering in War

O MERCIFUL Lord, have compassion on those suffering from acts of war. Heal the sick and injured, shelter the homeless, feed the hungry, and defend the innocent. Soften the hearts of those who destroy your image within their fellow human beings. Stir to compassion those who are able to end the conflicts which rise between nations and peoples. Raise up your faithful people to imitate the Good Samaritan and ease the sufferings in your Name. For you are the Prince of Peace and the Savior of our souls, and yours is the glory, with your Father and your Holy Spirit, both now and forever, and to the ages of ages. Amen.

For the Homeless

O LORD Jesus Christ, the Son of Man and Son of God, as you had no place to lay your head, so also have mercy on the homeless. Stir our hearts to remember that the things we have not done for the least among us, we have not done for you. Grant us generosity and compassion to minister to the homeless among us, to the glory of your Name. Amen.

your compassionate eye, O Lord, see my humiliation and save me.

Glory to the Father and to the Son and to the Holy Spirit.

MY time has come to an end, and your dread tribunal is ready. My life passes by, and judgment awaits me; my sentence is fiery torment and the unquenchable flame. But grant me a fountain of tears; quench the inferno by your might, for you desire the salvation of all.

Both now and forever, and to the ages of ages. Amen.

YOU were born for us from a Virgin and endured crucifixion, O loving Lord; by your death you despoiled Death and revealed resurrection as God; do not despise those whom you fashioned with your own hand; show us your compassion, O Merciful; accept the Mother of God who bore you as she intercedes for us, and save, O our Savior, a people in despair.

Lord, have mercy. (30)

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

THE DISMISSAL

¶ After completing the appointed Stases, conclude the service as follows:

Greater in honor than the Cherubim, and beyond compare more glorious than the Seraphim, without corruption you gave birth to God the Word, truly the Mother of God, we magnify you.

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

Lord, have mercy. (3) O Lord, bless.

O Lord Jesus Christ, Son of God, through the prayers of your all-pure and holy Mother; by the power of the precious and life-giving Cross; through the protection of the honored, Bodiless Powers of heaven; by the intercessions of our venerable and God-bearing fathers; of the holy Prophet David; and of all the Saints, have mercy on me and save me, a sinner, for you are good and love mankind.

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us. Amen. †

THE OFFICE OF TYPICA

¶ If it is not possible to attend the Divine Liturgy due to illness or some other circumstance, this office is to be read at home.

THROUGH the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us. Amen.

Glory to you, our God, glory to you.

O Heavenly King, Comforter, Spirit of Truth, present everywhere, filling all things, Treasury of blessings and Giver of life, come and dwell in us, cleanse us from every stain, and, O Good One, save our souls.

The Trisagion Prayers

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for your Name's sake.

Lord, have mercy. (3)

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

OUR Father in heaven, may your Name be hallowed, your Kingdom come, your will be done on earth as in heaven. Give us today our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one.

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us. Amen.

Lord, have mercy. (12)

Glory to the Father and to the Son and to the Holy Spirit, both now and forever, and to the ages of ages. Amen.

Come, let us worship and fall down before the King, our God.

Come, let us worship and fall down before Christ, the King, our God.

Come, let us worship and fall down before him, Christ the King and our God.

Psalm 102

BLESS the Lord, O my soul, and all that is within me, bless his holy Name. Bless the Lord, O my soul, and forget none of his ben-

Hail, for you make the meadow of delight flower again; hail, for you make ready a haven for the soul.

Hail, acceptable incense of intercession; hail, propitiation for the whole world.

Hail, good pleasure of God towards mortals; hail, freedom of speech of mortals towards God.

Hail, O Bride without bridegroom!

Kontakion 4

FEELING in himself a storm of doubtful thoughts, prudent Joseph was troubled, seeing that you were unwedded, and he suspected a stolen union, blameless Maiden. But when he learned that your conceiving was from the Holy Spirit, he said: Alleluia!

Ikos 4

GOD's coming in the flesh the Shepherds heard the Angels praising. And hastening as to a shepherd, they see him as a spotless Lamb being pastured in the womb of Mary. Praising her, they said:

Hail, Mother of the Lamb and Shepherd; hail, fold of spiritual sheep.

Hail, defense against unseen enemies; hail, key that opens the doors of Paradise.

Hail, for things in heaven exult with earth; hail, for things on earth rejoice with heaven.

Hail, never-silent voice of the Apostles; hail, never-conquered courage of the Champions.

Hail, firm foundation of the Faith; hail, shining revelation of Grace.

Hail, you through whom Hades was stripped bare; hail, you through whom we were clothed with glory.

Hail, O Bride without bridegroom!

Kontakion 5

HAVING seen a star leading to God, Magi followed its radiance. Holding to it as a beacon, through it they searched for a mighty King. And having attained the Unattainable, they rejoiced and cried to him: Alleluia!

Ikos 5

IN the hands of the Virgin, children of the Chaldeans saw the One who with his hands fashioned mankind. And knowing him to be their Master, though he had taken the form of a servant, they hastened to honor him with their gifts and to cry to the Blessed Maiden:

Hail, Mother of the Star that never sets; hail, radiance of the mystical day.

Hail, for you quenched the furnace of deception; hail, for you enlighten the initiates of the Trinity.

Hail, for you cast out from his rule the inhuman tyrant; hail, for you revealed Christ, the Lord who loves mankind.

Hail, deliverance from pagan worship; hail, liberation from filthy deeds.

Hail, for you ended the worship of fire; hail, for you deliver from the flame of passions.

Hail, guide of believers to chastity; hail, joy of all generations.

Hail, O Bride without bridegroom!

Kontakion 6

JOURNEYING back to Babylon, for they had fulfilled the prophecy concerning you, the Magi, become God-bearing heralds, proclaimed you to all as Christ, leaving Herod like an idiot who did not know how to sing: Alleluia!

Ikos 6

KINDLING in Egypt the light of truth, you dispelled the darkness of falsehood. For its idols, O Savior, not able to withstand your strength, fell down, while those who were delivered from them cried out to the Mother of God:

Hail, restoration of humans; hail, downfall of the demons.

Hail, for you trampled on the error of deception; hail, for you exposed the trickery of idols.

Hail, sea that drowned the Pharaoh of the mind; hail, rock that gave drink to those thirsting for life.

Hail, pillar of fire, guiding those in darkness; hail, protection of the world, wider than the cloud.

Hail, food that replaced the manna; hail, minister of holy delight.

Hail, O Bride without bridegroom!

Kontakion 7

WHEN Symeon was about to depart from this present age of deception, you were given to him as a babe, but you were known to him also as perfect God. And so, struck with amazement at your ineffable wisdom, he cried: Alleluia!

Ikos 7

MANIFESTING himself to us, who came into being by him, the Creator revealed a new creation, for he budded from a womb without seed and preserved it as it was, incorrupt, that seeing the wonder we might sing her praises crying:

Hail, flower of incorruption; hail, crown of self-mastery.

Hail, for you show a bright image of the Resurrection; hail, for you reveal the Angels' way of life.

Hail, tree of glorious fruit from which believers are nourished; hail, wood with shady leaves under which many shelter.

Hail, for you conceived a Guide for those gone astray; hail, for you bore a Deliverer for captives.

Hail, intercessor with the just Judge; hail, forgiveness for many who stumble.

Hail, robe for those stripped of freedom of speech; hail, love that conquers every longing.

Hail, O Bride without bridegroom!

Kontakion 8

Now that we have seen a strange birth, let us become strangers to the world, fixing our minds in heaven. For this, the Most-high God appeared on earth as a lowly human, wishing to draw on high those who cry out to him: Alleluia!

Ikos 8

THE uncircumscribed Word was wholly present among things below and in no way absent from those on high. For it was God's condescension, and not a change of place, and birth from a Virgin filled by God, who hears these words:

Hail, enclosure of God who cannot be enclosed; hail, door of a hallowed mystery.

Hail, doubtful tidings for unbelievers; hail, undoubted boast for all believers.

Hail, all-holy chariot of him who rides upon the Cherubim; hail, best of dwellings of him who is above the Seraphim.

Hail, for you bring opposites to harmony; hail, for you yoke childbirth and virginity.

Hail, for through you transgression has been abolished; hail, for through you Paradise has been opened.

Hail, key of Christ's Kingdom; hail, hope of eternal blessings.

Hail, O Bride without bridegroom!

Kontakion 9

EVERY angelic Being was amazed at the great work of your incarnation. For they saw the One who is Unapproachable as God, as a mortal approachable by all, living his life among us, while hearing from us all: Alleluia!

Ikos 9

ELOQUENT orators we see dumb as fishes before you, O Mother of God. For they are at a loss to say how you remain Virgin, yet are able to give birth! But we, marveling at the mystery, cry out with faith:

Hail, vessel of the Wisdom of God; hail, storehouse of his providence.